

Ryan Higgins – Bob Proctor Interview – Mind Movies 2.0



Ryan Higgins: G'day everybody. Ryan Higgins here from Mind Movies and I'm very excited today because I've traveled to L.A. and I'm in a hotel here with Mr. Bob Proctor. Bob, thank you very much for joining us.

Bob Proctor: It's a pleasure to be here.

Ryan Higgins: Now I'm very excited because I've been watching Bob as I'm sure many of you have for years. He's a wealth of knowledge on the law of attraction and visualization and I'm here today to find out exactly what visualization is, why it's so important and how we can apply it to our lives for maximum benefit.

Bob Proctor: Well, you know if you think about it for a moment, visualization is where everything starts. That's really, that's the beginning of anything that happens. It all starts with a picture and the picture moves into form. It all happens by law. On the movie the Secret I quoted Dr. Wernher von Braun where he said the natural laws of the universe are so precise that we don't have any difficulty building spaceships, sending people to the moon and we can time the landing with the precision of a fraction of a second. Well, one of the laws, one of the great laws is the law of perpetual transmutation of energy. Energy is forever moving into form. If we just look up into the skies we see blue sky, just nice clear sky and then you'll see a cloud formation and the cloud starts to get heavier and it gets darker and out of the cloud comes the water. Where did it come from? Well it started out non-physical, turns into physical. Well, you and I have been given creative faculties. Unlike any other form of animal life we're the highest form of creation on the planet and we've been given creative faculties where we've got the ability to create a vision or an image in our mind. Like imagination is the mental faculty out of which visions arise. Now, unfortunately as kids, we treat imagination as, it's something just for kids and when you start to school, you know, boom they put a stop on it "stop daydreaming" but what the child is actually doing is exercising one of the most powerful faculties that we've been given. We've got these higher faculties but we don't understand that. And so everything you see, the buildings you see, the cars, the clothes you're wearing, the microphone, the camera that we're shooting it, it's all started out as an imagine in somebody's mind and then we start communicating. Think for a moment of just how a person is looking at us right now and they can hear us, all right. So we're

sending our voice just off through the medium of the molecule. We're sending our image or our likeness just off through the medium of the molecule. There are no wires between you and I and the viewer you're watching this right now. How did that all happen. Well you see, Samuel Morris was taken before the United States Congress many, many years ago and he had an idea, he thought if we could take and string wires and stop and start the flow of energy we could communicate through the use of a wire, and a senator stood up in Congress, he (Morris) was trying to get thirty thousand dollars to string up some wires down around Maryland and test this. And there was this senator who stood up in Congress and said they'd be further ahead to give somebody thirty thousand dollars to build a railroad to the moon. You know, it shows you how far he went. Now when Samuel Morris was shot down, Marconi came up with an idea that he was going to send a message from one place to another without using any wires. They checked him out in a mental institution. So whenever there's ever been any breakthroughs like this, we've always put the people down.

Ryan Higgins: It meets resistance initially.

Bob Proctor: That's exactly right. Now what we've got here is a relatively new idea. We think Samuel Morris could do it, now we think Marconi, after the breakthrough, they're the genius. We always see the genius in somebody else and never in our self. Well, what we're talking about here is an individual who has the ability to build this image in their mind and I think one of the great problems around is that people don't understand their mind. They don't understand how mind works. They think it's for psychiatrists or something like that. Mind Movies is taking people into an area of them self that they've maybe never gone.

Ryan Higgins: Right.

Bob Proctor: And as I look at this I'm blown away with what you've done, but if I was to turn this thing around, you had to start out, this whole concept had to be an image in your mind, or a vision, if you want to call it an image, a vision, a picture, call it whatever you want. When you're talking about Mind Movies that's really what it's all about. How did you start the whole thing? You must have started it with a picture.

Ryan Higgins: I did. I actually, what I wanted to do was, I wanted to create a dream board and I'd heard of the law of attraction before seeing you in the Secret. But once I watched the Secret that's when I really grasped the importance of it. I spent a lot of time and energy developing my skill set in lots of different areas for business and entrepreneurship. But, I hadn't had the breakthrough I wanted. In fact, quite the opposite, I was working in a factory doing a job I really, really did not like. I mean, I got up at 5:00 am every morning and I deliberately chose this job so I could go and get up at 5:00 am, do this work so I could be home by 1:00 or 2:00 in the afternoon and I could start my business in the afternoon. But, I did this for years and years with no result and I decided that what I was missing was the concept of visualization and a crystal clear picture of what I wanted my future to look like.

Bob Proctor: But you must have read something about this.

Ryan Higgins: Absolutely, you know, and I'd been to a number of seminars and I'd read a number of books ...

Bob Proctor: Cause, I don't think you just decided that you were missing a vision.

Ryan Higgins: No, no, that came through education through teachers like yourself.

Bob Proctor: It's an awareness.

Ryan Higgins: Actually, so once I had that I thought okay how can I do this. I started off with a dream board . I cut out pictures and put it up just behind my computer. It just didn't excite me and I thought this is a problem because I'm looking at my dreams and goals and it's not really exciting me. And I'm thinking, I got, I'm not sure if I read it or I just felt it, but emotion is very, very important to connect emotion to these visions. Is that right?

Bob Proctor: Oh absolutely. You see the vision you build in your conscious mind. It's built with your imagination. It's the imagination, you've got imagination, perception, the will, reason, intuition. These are all higher faculties. We've been raised to live through our senses. We go by what we see, hear, smell, taste, touch. So we're letting the present control our mind. But the imagination is the, that's the mental faculty out of which visions arise. That's in the conscious mind. The subconscious is the emotional mind but that's also universal intelligence. So when you turn your vision over to your emotional mind, you're connecting up to the entire universe. And that's the part that the average individual on the street just doesn't get.

Ryan Higgins: Right.

Bob Proctor: And I believe, it's my personal belief, now keep in mind that I started to study this fifty years ago. So you study anything for fifty years even if you're a little slow you're gonna learn something. Well, you know, I'm of the opinion, if a person would use this, what you're creating, and even if they don't believe in it, use it anyway. Like, my attitude is if your way is not working, try mine. You know, like I'm doing alright, I'm healthy, I'm happy, I'm wealthy, I earn more money in an hour than I used to earn in twenty years. I mean, I must know something. Well, I do know that this works. And so if a person would take this and start to play with it and start to play with it pretty soon something is going to click in their mind like it did for you and they've got it. So when you talk about your emotions, what you're really talking about is universal intelligence. You're really talking about that part of us, that's where the spiritual essence of our self takes over and spirit always operates by law, it never operates other than perfectly. And so when you turn the image over, if you just keep watching this and keep watching it, you get to a point where it streams right to your subconscious mind. Because your subconscious mind is your universal mind and when that happen this thing you're living in, that you call your body, the vibratory rate of it changes so your action changes and what you attract into your life changes. See your body is energy, mind is movement. Mind is not

a thing. We talk about Mind Movies. Well, what is mind? Most people don't know. Mind is a movement. Well, when you put a movie into that movement it has to move into form. It's an absolute law. And the only way you can stop it is to throw the movie away. It's like planting a seed in the earth. If I plant a carrot seed and I keep the earth fertile, and you know, fertilized, that carrot is gonna grow. It's gonna grow just as sure as it gets dark. Well when you keep streaming this movie into your mind. You keep this physical instrument you are living in in a vibration that's in harmony with the movie and when that happens you start to attract everything in the universe that's required for the manifestation of that movie.

Ryan Higgins: Yep.

Bob Proctor: That's the emotional mind. So when you say is it important to get emotionally involved. Yeah. See most people aren't emotionally involved in their own story. They're emotionally involved in somebody else's. I always say the average individual is an extra in their own movie. You know, they view the movie and think god that guy must be brilliant making this. Well, I'll give you credit, you're pretty brilliant to make it but I don't think you're any more brilliant than me or the person on the camera or anybody else who happens to be watching this. We're all the same. It's that you started to use what you got and you did use it to build this and then of course you're using it to improve upon this. So you keep improving the image or the vision and as long as you stay emotionally involved with it it's going to keep getting better. And as it gets better I benefit from it. The listener, the viewer gets better. And through repetition, their whole life is gonna change. I believe you've discovered something here, I don't think anybody invents anything. I think we just merely discover it because nothing is created or destroyed. I think you've discovered something here that'll change a person's life just like that. And even though they might not understand what's happening, it still happens.

Ryan Higgins: That's the funny bit. There's no way in the world I could have articulated it as eloquently as you did just then, several years ago. But that what you just described exactly matched what happened to me. Even though I didn't know it and understand it at the time. I had the dream board. I thought this isn't working for me and I'm not emotionally engaged in this static picture. So I thought how could I make it dynamic and how could I really get emotionally involved into it. And I was just surfing around YouTube one day and I saw a couple of movies that I thought were really inspiring and I thought maybe if I could make a movie about what I wanted my life to look like and I watched that every day and it had my favorite music track over the top of it and it had images that I chose and they were flying at me and it had my affirmations and the things that I desired all coming at me in this movie. I thought maybe that would work. And so I set about this, at the time, three years ago technology was not what it is today, it was quite a tedious and difficult task technologically to make a movie for somebody who had never made a movie before. But I went ahead and made this movie and I watched it every morning and every night for three months, well for a lot longer than three

months. But I started to notice an incredible change within three months. When I made the movie I had tried a number of businesses that were unsuccessful and it left me in a fair amount of debt. I was in seventy thousand dollars worth of personal debt and credit cards, in job that I really hated and getting up at 5:00 am every morning to get to it and within a matter of three months I had turned it around and the primary goal in my movie was complete financial freedom. To where I didn't need the job and I was completely okay. Three months later I had achieved that and it went by so fast, I didn't even know what happened to me. But it all happened and I attributed it to the mind movies.

Bob Proctor: You see, what you did, there's an element there that defies logic. First of all I think we've have to understand that we're programmed. We've got paradigms, paradigms are nothing but programming. We're programmed genetically, that's why you look like you look, like your relatives. Then we're programmed environmentally. Well, we're programmed in such a way that if you watched the movie once, why would you want to watch it again. Or, if you read the book once why would you want to read it again. Or if you listened to the cd once why would you want to listen to it again. But it was the repetition that altered your program. You see, I did this fifty years ago and I didn't understand what I was doing. It took me nine years to figure it out. I was driving around with a battery operated record player. And I was listening to Earl Nightingale's Strangest Secret and I kept listening and I drove around and I listened and listened and listened and I kept reading Napoleon Hill's Think and Grow Rich. I'm still reading it fifty years later, the same book. And people say why do you keep listening to that or why do you keep reading the same book. I didn't know why but I kept doing it and you see it was the repetition of it. We've gotta go back to when we were kids and say what was our environment like when we were kids. How did the people around us talk about money. Well, they probably talked about it like this, geez there's never enough money and it's doesn't matter how hard we work we get the debt cleared up and there's another debt. Well as babies that's going right into the subconscious mind and we grow up and we relive that. That was the movie that was planted in our mind. Well, through the repetition of the Mind Movie, but I create the movie. You create your movie. And that's the way it should be. We were given this ability. We're not exercising it. So I think the genius in what you're doing is you've created something, you've got a library of material where it can just click, click, click, you know, with the mouse and in minutes you've got yourself the movie of your life of how you want to live. And if you keep watching it and stay emotionally involved, that must turn into results as sure as it gets dark at night. I keep using that phrase because that's one of the laws. The law of rhythm brings the night following the day. Well, the image that we build, the movie that we build and we get emotionally involved must move into form. That is an absolute law and it can never change. It's a certain thing.

Ryan Higgins: Well that's again, certainly matches the feedback that we've heard about because I created the Mind Movies three years ago now. And since that time I was helping people

make a mind movie the same way that I made it and it was a technical challenge but we came up with some really good tutorials and people, many, many people, thousands of people actually managed to make their mind movies. And we got some incredible feedback that their life changed very, very quickly after doing it.

Bob Proctor: Well, I started to listen to this, I went from four thousand to a hundred and seventy five thousand and then I went over a million just like that. It happened so fast I was in a state of shock. I wasn't satisfied with the fact that I didn't know why it happened and that's what put me into studying and that's what got me into teaching this. You've got something that's absolutely brilliant here and it'll work for anyone that'll use it.

Ryan Higgins: Now because I'm so passionate about Mind Movies and getting it into the hands of literally every single person, what I've done is I've gone ahead and made six premade Mind Movies. Now these are Mind Movies specifically focused on six different areas of your life, for example there's health, there's wealth, there's relationships. And I'm going to give them to you right now absolutely free. And I'm also, I've got something very exciting for you in the coming weeks. I've been traveling a lot in the past couple of weeks and I've caught up with Joe Vitale, John Assaraf and we're going to be touching base with Bob again. And we put this video series layed out for you over the next couple of days. So if you go ahead and just tell me where to send those premade Mind Movies right now by entering your details in the box to the right of the screen, I'm going to go ahead and send you those six premades right now and we'll keep you up to date as we release the rest of the video series. So guys, take care. Bob, thank you very much for joining us.

Bob Proctor: My pleasure, I enjoyed it.

Ryan Higgins: See you soon.

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